

S.S. Seward Institute
Activity for Physical Education
School Office 845-651-4038
Health Office 845-651-4097
Confidential Fax 845-651-4128

Patient: _____ Date: _____

Check ALL that apply:

No restrictions - student may fully participate in Physical Education

Walking

Stationary Bike

arm movement only

leg pedaling only

both arm and leg movements

Officiating game/activities

Light jogging

Hand weights only

Leg weights only

Other: _____

Duration of restriction: _____

Doctor's signature: _____

Date: _____ Phone: _____ Fax: _____