

Florida Union Free School District

Golden Hill Elementary

September 2009

<p>School Prices Lunch \$2.35</p> <p>Breakfast \$1.20</p> <p>Alternate Lunch Available Daily Ham Sandwich Turkey Sandwich Bologna Sandwich Peanut Butter & Jelly Sandwich</p> <p>With Vegetable/Fruit or Juice and Milk</p> <p>Breakfast Served Daily Cereal with ½ Bagel or Bagel or Daily Special Served with Milk & Juice</p> <p>Free & Reduced Meals applications must be completed and returned by September 30, 2009</p> <p>For information about the Food Service Program call 651-1480</p>					<p>2 All Beef Hot Dog on Whole Wheat Bun Potato Puffs Baked Beans Assorted Fruit Milk</p>	<p>3 Chicken Strips Whipped Potato/Gravy Broccoli Whole Wheat Roll Assorted Fruit Milk</p>	<p>4 Mozzarella Sticks With Marinara Dip Garlic WW French Bread Spinach Salad with reduced fat (R.F.) dressing Assorted Fruit, Milk</p>
	<p>7 Labor Day  Schools Closed</p>	<p>8 Hamburger on WW Bun Potato Wedges Corn Assorted Fruit Milk</p>	<p>9 Grilled Cheese on Rye Bread Tossed Salad with R.F. Dressing Assorted Fruit Milk</p>	<p>10 Turkey chili over Brown rice Carrot coins Garlic Roll Assorted Fruit Milk</p>	<p>11 Pizza Mixed Greens with RF Dressing Assorted Fruit Gelatin & Topping, Milk</p>		
	<p>14 Baked Macaroni and cheese Green beans Assorted Fruit Milk</p>	<p>15 Baked Chicken Patty on Whole Wheat bun Whipped Potato/Gravy Broccoli Assorted Fruit Milk</p>	<p>16 Whole Grain Rotini with Meat sauce Mixed Vegetable Whole Wheat roll Assorted Fruit Milk</p>	<p>17 Turkey Tacos Brown rice Spinach Salad with RF Dressing Assorted Fruit Milk</p>	<p>18 Mozzarella Sticks with Marinara Dip Garlic WW French Bread Tossed Salad with RF Dressing Assorted Fruit, Milk</p>		
	<p>21 Baked Ziti Broccoli Garlic Roll Assorted Fruit Milk</p>	<p>22 Hamburger or Cheese burger on WW Bun Tater Tots Baked Beans Assorted Fruit Milk</p>	<p>23 Chicken Nuggets Whipped Potato/Gravy Corn Whole Wheat Roll Assorted Fruit Milk</p>	<p>24 Turkey Bacon Panini Brown Rice Mixed Vegetable Assorted Fruit Milk</p>	<p>25 Stuffed Crust Pizza Spinach Salad with reduced fat dressing Assorted Fruit Milk</p>		
	<p>28 Yom Kippur Schools Closed</p>	<p>29 All Beef Hot Dog on Whole Wheat Bun Oven Wedges Baked Beans Assorted Fruit Milk</p>	<p>30 Chicken Fajita Brown Rice Refried Beans Assorted Fruit Milk</p>	<p>Free & Reduced Meals applications must be completed and returned by September 30, 2009</p>			