

Florida Union Free School District

S. S. Seward Institute

March 2011

School Prices Lunch \$2.55 Breakfast Served Daily \$1.30 Alternate Lunch Available Daily Assorted Cold Heroes Pizza, Hamburger, Hot Dog Salad Bar With Vegetable/Fruit or Juice and Milk		1 Chicken Tenders Curley Fries Peas & Carrots Asst Fruit Milk	2 Sausage/Pepper Hero Broccoli Florets Asst Fruit Milk	3 Breakfast for Lunch Waffle Sticks W/Sausage or Bacon Egg & cheese on Bagel w/ HashBrowns Asst Fruit/Milk	4 Big Daddy Pizza Asst toppings Garden Salad Asst Fruit Milk
	7 Pizza Burger Potato Wedges Mixed Vegetable Asst Fruit/Milk	8 Sloppy Joes Tater Tots Green Beans Asst Fruit Milk	9 Cheesy turkey Casserole Honey Glazed Carrots Asst Fruit Milk	10 Hot Dogs W/Asst Toppings Seasoned Fries Buttered Peas Asst Fruit/Milk	11 French Bread Pizza Garden Salad Asst Fruit Milk
Breakfast Cereal with ½ Bagel or Bagel or Breakfast Sandwich Daily Special Served with Milk & Juice Menu subject to change	14 Baked Meatloaf/Gravy Mashed Potato Mixed Vegetable Asst Fruit Milk	15 Chicken Parm W/ Spaghetti Broccoli Florets Asst Fruit Milk	16 Fish Sticks W/ Macaroni & Cheese Corn Asst Fruit Milk	17 Baked Ziti Green Beans Garlic Roll Asst Fruit Milk	18 Early Dismissal Breakfast only
	21 Chicken Fajita Spanish Rice Refried Beans Asst Fruit Milk	22 Chicken Nuggets Tater Tots Mixed Vegetable Asst Fruit Milk	23 Tacos W/ Asst Toppings Seasoned Rice Marinated black Bean Salad Asst Fruit Milk	24 Spaghetti & Meatballs Italian Bread Peas & Carrots Asst Fruit Milk	25 Big Daddy Pizza Asst toppings salad Asst Fruit Milk
For information about the Food Service Program call 651-1480	28 Mozzarella Sticks Rotini w/ sauce Baby Carrots Asst Fruit/Milk	29 Chicken Patty Broccoli Florets Asst Fruit Milk	30 Beefy Mac & Cheese Bake Broccoli/Garlic Sauce Italian Bread Asst Fruit Milk	31 Roast Turkey Mashed Potato Corn Asst Fruit Milk	Free & Reduced Meal Applications availed on school website ... Thank You...

