

**Florida Union Free School District
S. S. Seward Institute Menu
December 2011**



<p>School Prices Lunch \$2.65 Breakfast \$1.40 Alternate Lunch Available Daily Dawn's Salad Bar Lunch</p> <p>Sue's Assorted Sandwiches, Pizza, or Burgers, With Salad Bar, Soup, or Vegetable AND Fruit AND Milk</p> <p>For information about the Food Service Program call 651-1480</p> <p>Breakfast Served Daily By Mary Choice of Hot Special, Bagel, Roll, Cereal with Juice & Milk</p> <p>Menu subject to change</p>			<p>1 Chicken Fajita with Peppers & Onions Rice & Salsa Assorted Fruit Choices Low Fat Milk Choices</p>	<p>2 Fish Fillet on Bun With Tartar Sauce Oven Fries Cole Slaw Assorted Fruit Choices Low Fat Milk Choices</p>	
	<p>5 Inge's Homemade Soup Turkey & Cheese Panini Steamed Broccoli Assorted Fruit Choices Low Fat Milk Choices</p>	<p>6 Popcorn Chicken Bowl Whipped Potato, Gravy, Corn Dinner Roll Assorted Fruit Choices Low Fat Milk Choices</p>	<p>7 Deluxe Hamburger or Cheeseburger on Bun Oven Wedges Green Beans Assorted Fruit Choices Low Fat Milk Choices</p>	<p>8 Laurie's Lasagna Italian Vegetables Garlic Bread Assorted Fruit Choices Low Fat Milk Choices</p>	<p>9 Pizza Special Buffalo Chicken Pizza Steamed Broccoli Assorted Fruit Choices Low Fat Milk Choices</p>
	<p>12 Breaded Mozzarella Sticks and Bread Sticks Marinara Dip Chef Salad (Ham & Turkey) Assorted Fruit Choices Low Fat Milk Choices</p>	<p>13 Soft or Crunchy Tacos Rice & Beans Lettuce & Tomato Assorted Fruit Choices Low Fat Milk Choices</p>	<p>14 Buffalo Chicken on Bun Carrot & Celery Sticks Oven Potatoes Assorted Fruit Choices Low Fat Milk Choices</p>	<p>15 Pineapple Glazed Ham Sweet Potatoes Peas, Dinner Roll Dawn's Holiday Dessert Assorted Fruit Choices Low Fat Milk Choices</p>	<p>16 Fish Fillet on Bun With Tartar Sauce Oven Fries Cole Slaw Assorted Fruit Choices Low Fat Milk Choices</p>
	<p>19 Chicken Fajita with Peppers & Onions Rice & Salsa Assorted Fruit Choices Low Fat Milk Choices</p>	<p>20 BBQ Pork Rib on Bun Oven Fries Corn Assorted Fruit Choices Low Fat Milk Choices</p>	<p>21 Pasta with Meat Sauce Garlic Bread Broccoli Assorted Fruit Choices Low Fat Milk Choices</p>	<p>22 Pizza Special Sausage Pizza or Meat lover Pizza Spinach Salad Assorted Fruit Choices Low Fat Milk Choices</p>	
				<p>23 Winter Recess Dec. 23 - Jan. 2</p>	